

Junior High Option Descriptions

Quarter 3: February 5th – April 12th, 2024

Quarter 3 Monday/Wednesday Options:

Stage Craft:

Students in this option will design and construct set pieces, props, and costumes for this year's drama production. Creativity, critical thinking, design and exploration of design strategies will be our focus for this option.

Card Games:

In this class, students will learn and play some card games. They will all vary in terms of difficulty and strategy. We will play both single and multi-player games and will even have some small tournaments!

Baked Goods: Food Basics is a prerequisite for this course.

In a project-based learning style, students will develop an understanding for baking techniques, meal preparation, simple oven-cooked dishes, as well as be able to develop and refine their skills with baked muffins, cookies, and biscuits. Baking students will apply concepts learned in their review and during their research to a lab in the form of a baked product. Students will be presented with an opportunity to work with their kitchen group to prepare a baked good of their choice and present it as a final product. The menu for Baked Goods will include a variety of sweet and savory dishes. **Fee is \$50**

Newspaper and Broadcast:

Design and create FLVT's school newspaper, HAWKS HUSTLE and broadcast this news to the school! Learn the parts of a newspaper, different forms of writing, how to write effective articles, broadcasting techniques, and the various jobs of newspaper creation and distribution.

Book Club:

In this club it will be a balance of discussion, activity, group work, and quiet time reading. Literature Circle Units, Book Club Meetings, and Independent Reading.

Handcrafts:

Students will take raw materials and create a project or projects that is/are built by hand. Suggestions include knitting, beading, crocheting, cross stitching, model airplane/cars, etc., hand sewing, macramé, and cardboard/paper/duct tape manipulation (among others). The initial planning, the gathering of raw materials, and work time are all included in the process of creating a significant project or projects throughout the quarter. Note: Some tools and materials are provided, however students are strongly encouraged to provide their own. **Fee: \$10.00**

Painting 8/9:

Painting 8/9 is an art course designed for grade 8 and 9 students who have taken art before and have experience from an introductory course. This course will further the students' knowledge of what painting is, the different painting styles that are known today and who created those styles. Students will explore those styles while using their imagination and their own creative twist in each of their completed art projects. Students will learn about different periods of art such as Cubism, Minimalism, Surrealism, and Abstract expressionism. At the end of the semester students will create a self-portrait centered around one of the periods of art they learned about. **Fee: \$5.00**

Woodworking:

Students will be introduced to the proper and safe use of woodworking machinery (machine and hand tools). Students will develop their skills so they can advance to the concepts of both single and multiple constructions. Proper care and use of tools and machines will be stressed along with safe work habits and occupational skills. Projects include but are not limited to footstools, chairs, penny hockey table and decorative objects. **Fee is \$30.00**

Digital Design

In this course, you'll explore this special genre that combines art and technology, found in everything from advertising to animation to photography and beyond! This class focuses on illustration and corporate design, where students will be exposed to website design, logo design, movie poster design, advertisement design, digital painting and manipulation, typographic designs, and photo composition.

Badminton:

This option will allow students to improve their badminton knowledge and skills. They will be learning about various strategies of the sport, how to properly perform and practice the skills and movements required in badminton. Many types of drills and sport related games will be introduced to help students improve and further their love of this sport.

Drama Production:

Drama production option is intended for those students who are performing in the school's spring musical production. The course will focus on the rehearsal process, specifically vocals, acting, and choreography. This course will help prepare students for performance and their time at the theatre in the spring.

Art 2D:

In this class, students are introduced to basic techniques and strategies for creating 2-dimensional artwork. As students learn techniques and strategies they have the opportunity to demonstrate their learning through the creation of a visual project. Students may cartoon, use graffiti techniques and other strategies to complete two major projects over the course of the quarter. **Fee: \$7.00**

Winter Pursuits 1:

Winter Pursuits is an activity-based course that may include a variety of activities such as spin cycling, mixed martial arts training, ice skating & hockey, speed skating, climbing, curling, archery, and other winter activities. You must take this course or winter pursuits 2 to go on the ski trip. **Fee: \$175.00**

Quarter 3 Tuesday/Thursday Options:

French 9:

In this option, students will explore the topics of sports and Quebec/Montreal with a strong focus on oral communication but also including authentic reading and writing activities. Students must have taken French 7 & French 8 for 2 quarters each at our school (or equivalent from another school) in order to take this course. In May, students in this course will attend the Quebec Trip if they choose.

Film Studies:

In this class, the students will do a detailed and thorough analysis of some of the best films in history, both new and old. You will learn to view film differently and with a critical eye. Group discussion, critical reviews and character/theme studies and maybe even some popcorn will be a few of the components.

Baked Goods (pre-requisite is Food Basics):

In a project-based learning style, students will develop an understanding for baking techniques, meal preparation, simple oven-cooked dishes, as well as be able to develop and refine their skills with baked muffins, cookies, and biscuits. Baking students will apply concepts learned in their review and during their research to a lab in the form of a baked product. Students will be presented with an opportunity to work with their kitchen group to prepare a baked good of their choice and present it as a final product. The menu for Baked Goods will include a variety of sweet and savory dishes. **Fee is \$50**

Stitching Time:

Learn the basics of cross stitching and embroidery including stitch types, materials, and the process of designing and executing patterns. Students will design and create their own projects after learning the basics. **Fee: \$25.00**

Entrepreneurship:

Students learn about local businesses and how they can build their own small businesses with a business plan and marketing. This Open and Run a Business PBL unit includes differentiation, collaborative learning, technology, research, and 21st-century learning skills.

Badminton:

This option will allow students to improve their badminton knowledge and skills. They will be learning about various strategies of the sport, how to properly perform and practice the skills and movements required in badminton. Many types of drills and sport related games will be introduced to help students improve and further their love of this sport.

Art: Intro. to Sculpture:

Introduction to Sculpture is a course designed for students who have had little to no previous experience with sculpture courses. Students will learn the basics of sculpture and how to create with objects such as nature, cardboard, paper, and string. While learning about sculpture students will expand their knowledge of texture, shapes, space, and overlapping figures or objects in their three-dimensional works. **Fee: \$10.00**

Woodworking:

Students will be introduced to the proper and safe use of woodworking machinery (machine and hand tools). Students will develop their skills so they can advance to the concepts of both single and multiple constructions. Proper care and use of tools and machines will be stressed along with safe work habits and occupational skills. Projects include but are not limited to footstools, chairs, penny hockey table and decorative objects. **Fee is \$30.00**

Sports Medicine:

This course will expand on the learning from Fitness option to a more sport-specific approach. Students will learn about more advanced training and program planning principles, as well as how to prevent and address sport-related injuries. Students will participate in on and off-campus exercise opportunities and will be provided the chance to intern as a trainer for school sport teams. Students must have taken Fitness I before taking this course. **Fee: \$50.00**

Leadership:

Students will organize and implement school spirit activities such as theme days, lunch hour activities, dances and spirit assemblies. Responsibilities may also include assistance with co-curricular sporting activities and with the organization and implementation of religious celebrations. Some of these activities will fall outside of the student leadership class and will require volunteer hours from students. Students will complete monthly volunteer hours and maintain a journal.

Theatre for Young Audiences:

In this drama based course, students learn about and create theatre that speaks directly to the hearts and minds of our youngest audience members. They will explore storytelling through play and imagination, using a variety of theatrical techniques from puppetry and shadow theater to clowning and more, while also building essential performance and acting skills.

No Homework:

This class is for a wide range of students. Whether you are involved in a number of extra-curricular activities or you are looking for some support and a structured environment for completing homework assignments. Students will also be introduced to study skills, test taking skills, and tips for effectively using textbooks and reading materials. Some work on organizational skills and collaborative learning will be explored.

Rock Band:

Are you a stage superstar or a shower singer? Come out of your shell and get ready to perform! In this class, you will learn basic instrumental and vocal skills that are necessary in order to play popular and rock and roll music. You will gain experience in guitar, bass guitar, drums, piano and pop vocals. The goal of this option is to continue to develop your skills as a musician and get to a level where you can competently jam and sing with your friends or by yourself. Students will then learn a number of songs with the goal of a quarter-end Battle of the Bands experience. This class will take dedication and practice, but once you get on stage and crush your performance, it will all be worth it! Sign up for a chance to engage in a rock and roll music experience like no other.

Winter Pursuits & Ski Trip II:

Winter Pursuits 2 is an extension of winter pursuits 1. Winter Pursuits 1 is a pre-requisite for this option course. Activities may be different or further progress some activities from Winter Pursuits 1. If you have taken Winter Pursuits in the past you may take this course. You must take this course or winter pursuits 1 to go on the ski trip. **Fee: \$175.00**